

## Blessed Savior Lutheran Church

1205 North Lincoln Ave  
O'Fallon, IL 62269 (618) 632-0126  
www.mybslc.org  
Worship –9:30 am Sunday School & Bible Class: 10:45am

Rev. Dr. Nathan Kuhlman, Pastor  
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Cody Krueger, Seminary Field Worker  
Cheryl Vohlken, Organist

### #(un)filtered

*“Following Jesus in a selfie world”*

## CONFIRMATION SUNDAY, May 24, 2026 - Part 7

*“#rest” (replenishing) - Hebrews 4:9-13*

### WELCOME & ANNOUNCEMENTS

### SHARING GOD’S PEACE

### INVOCATION & CALL TO WORSHIP

P: In the Name of the Father, and of the Son, and of the Holy Spirit.

C: **Amen.**

P: The world tells us to keep scrolling, keep working, keep striving.

C: **But You call us into the stillness of Your Sabbath.**

P: Today, we set aside the digital weight to find rest for our souls.

C: **Replenish us, Lord, as we enter into Your holy rest.**

P: It’s time to stop scrolling and start living.

C: **To discover the beauty of God’s unfiltered grace.**



### OPENING HYMN “Lift High the Cross” (The San Fernando Collective) – Video

### CONFESSION & ABSOLUTION

P: Creator God, we confess that we have made an idol of our busyness. We find it hard to be still, and we fear what we might hear in the silence. We have neglected the gift of Your Sabbath for the sake of the endless scroll. Forgive our restlessness. Grant us the peace to lay down our work and rest in You.

C: **Lord, have mercy! Christ, have mercy!**

P: Come near to me and hear my cries through Jesus:

*(You are invited to silently reflect on the fact that  
though our sin is great, Christ’s love is greater.)*

P: Jesus says, “Come to me, all who labor and are heavy laden, and I will give you rest.”

C: **Thanks be to God!**

P: God’s unfiltered grace pours over you completely, fully, mercifully. The masks come off. The scrolling stops. From a cross and a tomb, the Lord’s extravagant grace flows into your broken heart, filling you to the

brim, as He gives you a new identity and new hope. Hear the good news! Because of Jesus' death and resurrection, your sins are forgiven,

**C:** "As far as the east is from the west!" (Ps 103:12) Amen.

### **PRAYER OF THE DAY**

**P:** The Lord be with you.

**C:** **And also with you.**

**P:** Let us pray. Lord of the Sabbath, who rested from Your labors and invited us to do the same: Grant us the wisdom to silence the digital noise and lay down the never-ending scroll. Teach us to find our identity not in what we produce, but in being Your beloved children. Through Jesus Christ our Lord,

**C:** **Amen.**

### **✠ WORD ✠**

#### **OLD TESTAMENT READING** Exodus 20:8-11

"Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

**Lector:** This is the Word of the Lord.

**People:** **Thanks be to God.**

#### **EPISTLE READING** Hebrews 4:9-13

So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his.

Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

**Lector:** This is the Word of the Lord.

**People:** **Thanks be to God.**

#### **HOLY GOSPEL** Mark 2:23-28

**Pastor:** The Holy Gospel according to St. Mark, the second chapter.

**People:** **Glory to You, O Lord.**

(The Gospel is read.)

One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. And the Pharisees were saying to him, "Look, why are they doing what is not lawful on the Sabbath?" And he said to them, "Have you never read what David did, when he was in need and was hungry,

he and those who were with him: how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?" And he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath."

**Pastor:** This is the Gospel of the Lord.

**People:** Praise to You, O Christ.

## **CHILDREN'S MESSAGE**

**SERMON HYMN LSB 709** "The King of Love My Shepherd Is" (VVS 1,3-4,6)

**The King of love my shepherd is,  
Whose goodness faileth never;  
I nothing lack if I am His  
And He is mine forever.**

**Perverse and foolish oft I strayed,  
But yet in love He sought me  
And on His shoulder gently laid  
And home rejoicing brought me.**

**In death's dark vale I fear no ill  
With Thee, dear Lord, beside me,  
Thy rod and staff my comfort still,  
Thy cross before to guide me.**

**And so through all the length of days  
Thy goodness faileth never.  
Good Shepherd, may I sing Thy praise  
Within Thy house forever.**

**SERMON** "#rest" (replenishing) - Hebrews 4:9-13 Pastor Nathan

**OFFERING** "Rescue" (Jordan St. Cyr) – Video

## **THE RITE OF CONFIRMATION**

Brooklyn Rae Emmons & Lucas Joseph Kinsella will be confirmed today.

## **PRAYER OF THE CHURCH**

**P:** Lord, in your mercy,

**C:** hear our prayer.

## ✠ SACRAMENT ✠

### PREFACE *2 Timothy 4:22*

- P: The Lord be with you.  
C: **And also with you.**  
P: Lift up your hearts.  
C: **We lift them to the Lord.**  
P: Let us give thanks to the Lord our God.  
C: **It is right to give Him thanks and praise.**

### PROPER PREFACE

P: It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord; for in the mystery of the Word made flesh You have given us a new revelation of Your glory that, seeing You in the person of Your Son, we may know and love those things which are not seen. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

**SANCTUS** "Holy, Holy, Holy" (LSB page 208, sung)  
**Holy, holy, holy Lord God of Sabaoth adored;**  
**Heav'n and earth with full acclaim shout the glory of Your name.**  
**Sing hosanna in the highest, Sing hosanna to the Lord;**  
**Truly blest is He who comes in the name of the Lord!**

### THE WORDS OF OUR LORD *Matthew 26:26–28; Mark 14:22–24; Luke 22:19–20;* *1 Corinthians 11:23–25*

P: Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My ✠ body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My ✠ blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

### PROCLAMATION OF CHRIST *1 Corinthians 11:26; Revelation 22:20*

P: As often as we eat this bread and drink this cup, we proclaim the Lord's death until He comes.  
C: **Amen. Come, Lord Jesus.**

P: O Lord Jesus Christ, only Son of the Father, in giving us Your body and blood to eat and to drink, You lead us to remember and confess Your holy cross and Passion, Your blessed death, Your rest in the tomb, Your

resurrection from the dead, Your ascension into heaven, and Your coming for the final judgment. So remember us in Your kingdom and teach us to pray:

### **LORD'S PRAYER** *Matthew 6:9–13*

**ALL: Our Father who art in heaven,  
hallowed be Thy name,  
Thy kingdom come,  
Thy will be done on earth  
as it is in heaven;  
give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For Thine is the kingdom  
and the power and the glory  
forever and ever. Amen.**

### **PAX DOMINI**

**P: The peace of the Lord be with you always.  
C: Amen.**

### **AGNUS DEI** "Lamb of God" (LSB page 210, sung)

**O Jesus Christ, true Lamb of God, You take the sin of the world away;  
O Jesus Christ, true Lamb of God, Have mercy on us, Lord, we pray.  
O Jesus Christ, true Lamb of God, You take the sin of the world away;  
Have mercy on us, Jesus Christ, And grant us peace, O Lord, we pray.**

### **DISTRIBUTION HYMNS**

"Be Still My Soul" (Lifeway Worship) – Video

"When Peace, like a River" (LSB 763)

**When peace, like a river, attendeth my way,  
When sorrows like sea billows, roll;  
Whatever my lot, Thou hast taught me to say,  
It is well, it is well with my soul. (Refrain)**

**Refrain:**

**It is well with my soul,  
It is well, it is well with my soul.**

Though Satan should buffet, though trials should come,  
Let this blest assurance control,  
That Christ hath regarded my helpless estate,  
And hath shed His own blood for my soul. (Refrain)

He lives oh, the bliss of this glorious thought!  
My sin, not in part but the whole,  
Is nailed to His cross, and I bear it no more,  
Praise the Lord, praise the Lord, O my soul! (Refrain)

And, Lord, haste the day when our faith shall be sight,  
The clouds be rolled back as a scroll;  
The trumpet shall sound, and the Lord shall descend,  
Even so, it is well with my soul. (Refrain)

“Jesus, Refuge of the Weary” (423)

Jesus, refuge of the weary,  
Blest redeemer, whom we love,  
Fountain in life’s desert dreary,  
Savior from the world above:  
Often have Your eyes, offended,  
Gazed upon the sinner’s fall;  
Yet upon the cross extended,  
You have borne the pain of all.

Do we pass that cross unheeding,  
Breathing no repentant vow,  
Though we see You wounded, bleeding,  
See Your thorn encircled brow?  
Yet Your sinless death has brought us  
Life eternal, peace, and rest;  
Only what Your grace has taught us  
Calms the sinner’s deep distress.

Jesus, may our hearts be burning  
With more fervent love for you;  
May our eyes be ever turning  
To behold your cross anew  
Till in glory, parted never  
From the blessed Savior’s side,  
Graven in our hearts forever,  
Dwell the cross, the Crucified.

**NUNC DIMITTIS** “Song of Simeon (LSB page 211, sung)  
O Lord, now let Your servant Depart in heav’nly peace,  
For I have seen the glory Of Your redeeming grace:  
A light to lead the Gentiles Unto Your holy hill,  
The glory of Your people, Your chosen Israel.

All glory to the Father, All glory to the Son,  
All glory to the Spirit, Forever Three in One;  
For as in the beginning, Is now, shall ever be,  
God's triune name resounding Through all eternity.

**CLOSING HYMN** "In Christ Alone" (Kristian Stanfill)

**SENDING**

P: Go in peace as to love and serve the Lord.

C: **Thanks be to God!**



